

## TERMS AND CONDITIONS

- 1 All sports carry a risk of injury, slight as it may be. All members accept that risk and will not hold Martial Arts Incorporated or its's instructors responsible for any injury incurred.
- 2 All members must wear suitable clothing ie tracksuit and runners. You should also bring boxing gloves to each class.
- 3 Members should make every effort to pay attention to instruction and must attempt to carry out all instructions given by our staff.
- 4 Since warming up and stretching are fundamental in all sports, members must be on time for class.
- 5 Members must return all equipment used in class to the designated area(i.e Mats) at the end of each class.
- 6 Members should dispose of all rubbish in the bins and endeavour to keep the studio tidy.
- 7 Chewing gum is forbidden in class.
- 8 Members must treat all instructors and fellow members with respect.
- 9 Swearing is forbidden in the club.
- 10 Use of photographic and/or video equipment is forbidden without permission.
- 11 All members must register at the desk before or after each class taken.
- 12 Martial Arts Incorporated reserves the right to refuse access to the studio..